



*Conferences  
Designed  
to Promote  
**Excellence**  
in Nursing  
Practice*

PROVIDED BY:



SAINT ANSELM  
COLLEGE

**CONTINUING NURSING EDUCATION**  
Committed to Advancing the Practice of Nursing



SAINT ANSELM  
COLLEGE

**CONTINUING NURSING EDUCATION**

100 Saint Anselm Drive  
Manchester, NH 03102-1310

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# SPRING 2018 CONFERENCE SCHEDULE

All programs located in Gadbois Hall, Saint Anselm College unless otherwise specified.

## JANUARY

### FRIDAY, JANUARY 19, 2018

- 8:30 AM–3:00 PM **Clinical Faculty Development Workshop**  
Contact hours: 5 • Fee: \$109  
FACULTY: Kimberly Silver Dunker, DNP, RN, Associate Professor, Nursing Faculty, Worcester State University, Worcester, MA  
This program is ideal for RNs who want to learn to teach clinical as well as experienced faculty mentoring clinical adjunct or new clinical faculty.

## FEBRUARY

### THURSDAY, FEBRUARY 22, 2018

- 8:30 AM–3:00 PM **Exploring the Skills of Resiliency: How to Bounce Back from Chaos**  
Contact hours: 5 • Fee: \$109  
FACULTY: Amy Guthrie, MS, RN, Saint Anselm College, Manchester, NH

### TUESDAY, FEBRUARY 27, 2018

- 8:30 AM–3:00 PM **Psychological First Aid**  
Contact hours: 5 • Fee: \$109  
FACULTY: Jennifer Schirmer, LCMHC, NCC, CCTP, CCISM, Disaster Behavioral Health Coordinator, DHHS, Concord, NH  
Psychological First Aid is used in the immediate aftermath of a critical incident, traumatic experience, or unexpected and distressing situation. It serves to promote safety, create calm, connect with others, empower and instill hope. This session is ideal for nurses who work in a variety of settings, such as ER, ICU, schools, etc.

## MARCH

### MARCH 1- MARCH 28, 2018

**Leadership and the Profession of Nursing**  
Contact Hours: 15 • Fee: \$284 (fee includes lunch)  
Thursday, March 1: 8:30 am–4pm at Saint Anselm College, remaining 9 hours of course work online. *See breakout box for more details.*

### TUESDAY, MARCH 6, 2018

- 5:30–9:30 PM **IV Therapy Hybrid Course for LPNs and RNs**  
Contact hours: 32 • Fee: \$279  
IV Skills Simulation Lab; must complete online portion of course before attending skills lab.  
*See breakout box for more details.*

### THURSDAY, MARCH 8, 2018

- 8:30 AM–4:00 PM **Encouraging Palliative Care Conversations**  
Contact hours: 6.25 • Fee: \$119 (fee includes lunch)  
*Detailed brochure available.*

### MARCH 9- APRIL 5, 2018

**Overview of Simulation**  
Contact Hours: 15 • Fee: \$284 (fee includes lunch)  
Friday, March 9: 8:30 am–4:00 pm at Saint Anselm College, remaining 9 hours of course work online. *See breakout box for more details.*

### FRIDAY, MARCH 16, 2018

- 8:30 AM–3:00 PM **Pediatric Infectious Diseases**  
Contact hours: 5 • Fee: \$109  
FACULTY: Wendy Wright, MS, RN, APRN, FNP, FAANP, Wendy L. Wright & Associates, Amherst, NH

### THURSDAY, MARCH 22, 2018

- 8:30 AM–3:00 PM **Botanical Support for Stress, Energy, Mood, Sleep & Brain Health**  
Contact hours: 5 • Fee: \$109  
FACULTY: Maria Noel Groves, RH (AHG), Clinical Herbalist & Journalist, Wintergreen Botanicals, LLC, Allenstown, NH  
Learn how to choose safe and effective medicinal herbs for your personal needs, whether you're navigating the supplement aisles or growing and making your own remedies from the garden. All levels of experience are welcome.

### FRIDAY, MARCH 23, 2018

- 8:30 AM–3:00 PM **Managing Challenging Geriatric Behaviors**  
Contact hours: 5 • Fee: \$109  
FACULTY: Melissa Harlow, PMHNP-BC, MSN, Geriatric NP, New Hampshire Hospital, Concord, NH

### TUESDAY, MARCH 27, 2018

- 8:30 AM–3:00 PM **Mindful Leadership**  
Contact hours: 5 • Fee: \$109  
FACULTY: Annabel Beereel, PhD, MBA, New England Women's Leadership Institute, Natick, MA  
This program will explore how mindfulness and meditation enhances leadership effectiveness in many dimensions. Participants will gain new insights into the role of leadership and practical strategies for including mindfulness and meditation as part of their skill set.

## APRIL

### THURSDAY-FRIDAY, APRIL 5-6, 2018

**22nd Annual Northeast Regional Psychiatric Nursing Conference**  
Held at the Grappone Conference Center, Concord, NH  
*Detailed brochure available.*

### TUESDAY, APRIL 10, 2018

- 8:30 AM–3:00 PM **Evidence Based Practice Workshop: It Begins at the Point of Care**  
Contact Hours: 5 • Fee: \$109  
FACULTY: Cynthia Cohen, DNP, RN, CNL, RN-BC, Catholic Medical Center, Manchester, NH  
This interactive workshop is designed to help nurses use research to facilitate evidence-based practice and to effectively collaborate with nurse researchers to improve practice at the point of care.

### FRIDAY, APRIL 13, 2018

- 8:30 AM–3:00 PM **Overview of Brain Healthy Eating: Research and Practical Experiences**  
Contact hours: 5 • Fee: \$109  
FACULTY: Nancy Emerson Lombardo, PhD, President, Brain Health & Wellness Center, Acton, MA, Adjunct Research Assistant Professor of Neurology, Boston University School of Medicine and BU Alzheimer's Disease Center.  
This program will explore, compare and contrast several different research evidence-based "brain healthy" diets. Other Brain Healthy Lifestyles will also be discussed.

### APRIL 19-MAY 16, 2018

**Leading People: Art of Truly Being Present**  
Contact Hours: 15 • Fee: \$284 (fee includes lunch)  
Thursday, April 19: 8:30 am–4:00 pm at Saint Anselm College, remaining 9 hours of course work online.  
*See breakout box for more details.*

### FRIDAY, APRIL 20, 2018

- 8:30 AM–3:00 PM **Women's Health Update**  
Contact hours: 5 • Fee: \$109  
FACULTY: Mimi Secor, DNP, FNP, FAANP, Onset, MA  
Participants will explore new women's health guidelines including mammograms, pap smears, osteoporosis, and many other conditions. New research and diagnosis and treatment guidelines related to PCOS and menopause will be discussed, as well as creative strategies for stress management and self-care.

### THURSDAY, APRIL 26, 2018

- 8:30 AM–3:00 PM **The Strange Bedfellows of Politics and Healthcare: What Nurses Need to Know**  
Contact hours: 5 • Fee: \$109  
FACULTY: Various health policy and healthcare professionals  
This program will explore a variety of topics, including historical overview of politics and healthcare, why the ACA was implemented, the issues involved with the proposed changes, the take-away lessons for nurses in helping patients navigate this process, questions nurses and other healthcare professionals should be asking.

### APRIL 27-MAY 24, 2018

**Art of Debriefing**  
Contact hours: 15 • Fee: \$284 (fee includes lunch)  
Friday, April 27: 8:30 am–4 pm at Saint Anselm College, remaining 9 hours of course work online. *See breakout box for more details.*

## MAY

### THURS-FRIDAY, MAY 3-4, 2018

**Asthma Educator Institute**  
Contact Hours: 14  
*Detailed brochure available.*

For more program details and to register, please visit our website at [www.anselm.edu/cne](http://www.anselm.edu/cne) or call 603-641-7086.

## **TUESDAY, MAY 8, 2018**

5:30–9:30 PM

### **IV Therapy Hybrid Course for LPNs and RNs**

Contact hours: 32 • Fee: \$279

IV Skills Simulation Lab; must complete online portion of course before attending skills lab. *See breakout box for more details.*

## **FRIDAY, MAY 18, 2018**

8:30 AM–4:00 PM

### **Hot Topics in Pharmacology**

Contact hours: 6 • Fee: \$109

FACULTY: Deb Boles, MS, RPH, Lowell General Hospital, Lowell, MA; Jason Lucey, MSN, FNP-BC, MGH Institute of Health Professions, Boston, MA; Kerry Nolte, PhD, APRN, UNH, Durham, NH

This program will cover safe opioid prescribing, pharmacologic options for withdrawal and recovery, antibiotic update including superbugs/super drugs, and update on new medications in diabetes management.

## **MONDAY-FRIDAY, MAY 21–25, 2018**

### **NCLEX Review**

Saint Anselm College

*Detailed brochure available.*

## **WEDNESDAY-FRIDAY, MAY 30–JUNE 1, 2018**

### **The 26th Annual Conference for Nurse Educators**

Sea Crest Beach Resort, North Falmouth, MA

*Detailed brochure available.*

## **JUNE**

## **THURSDAY, JUNE 7, 2018**

### **The 19th Annual Conference for Parish Nursing and Health Ministry Enhancing Your Parish Nurse Ministry: Tools for Your Toolbox**

Saint Anselm College

*Detailed brochure available.*

## **THURSDAY-FRIDAY, JUNE 14–15, 2018**

### **3rd Annual New England Regional Public Health Conference: Capturing the Emerging Issues of Community and Public Health**

Colony Hotel, Kennebunkport, ME

*Detailed brochure available.*

## **ADVANCED NURSE LEADER CERTIFICATE PROGRAM**

This innovative hybrid online (one day classroom, remainder online) certificate program is designed to explore the various components to develop a nurse leader, who is looking to enhance and empower oneself in advancing the future of the nursing profession.

Modules may be taken individually. In order to receive this certificate (60 contact hours), all 4 modules must be completed. Fee: \$284.

### **MARCH 1–28, 2018**

#### **Leadership and the Profession of Nursing**

Thursday, March 1 • 8:30 am–4:00 pm at Saint Anselm College; remainder of program online

### **APRIL 19–MAY 16, 2018**

#### **Leading People:**

##### **Art of Truly Being Present**

Thursday, April 19 • 8:30 am–4:00 pm at Saint Anselm College; remainder of program online

### **SEPT 20–OCT 17, 2018**

#### **Blending Mission and Margin: Business Skills for the Nurse Leader**

Thursday, Sept. 20 • 8:30 am–4:00 pm at Saint Anselm College; remainder of program online.

### **NOVEMBER 1–30, 2018**

#### **Future of Nursing: Quality, Healthcare Policy and Patient Outcomes**

Thursday, November 1 • 8:30 am–4:00 pm at Saint Anselm College; remainder of program online.

## **ONLINE COURSES AVAILABLE**

New online program just added: **IV Therapy Online Course for RNs.**

## **HEALTHCARE SIMULATION EDUCATOR CERTIFICATE PROGRAM**

This innovative hybrid online (one day classroom, remainder online) certificate program is designed to explore the various components necessary to develop and run simulation scenarios within an academic or clinical setting.

Modules can be taken individually. In order to receive this certificate (60 contact hours), all 4 modules must be completed. Fee: \$284.

### **MARCH 9–APRIL 5, 2018**

#### **Overview of Simulation**

In class Friday, March 9 at St. Anselm College; remainder of program online

### **APRIL 27–MAY 24, 2018**

#### **Art of Debriefing**

In class Friday, April 27 at St. Anselm College; remainder of program online

### **SEPT 28–OCT 25, 2018**

#### **Designing and Implementing Simulation Scenarios**

In class Friday, September 28 at St. Anselm College; remainder of program online

### **NOV 9–DEC 6, 2018**

#### **Trends in Healthcare and Use of Simulation to Impact Patient Outcomes**

In class Friday, November 9 at St. Anselm College; remainder of program online

## **ACCREDITED RN TO BSN PROGRAM**

Saint Anselm College's RN-to-BSN Program offers the Associate-prepared Registered Nurse a flexible and affordable way to earn a Bachelor of Science in Nursing degree. Students study in a hybrid/online format over the 8-week courses. RNs will be able to transfer their associate degree courses to the college, and complete their BSN as either a part-time or full-time student. Admissions are on-going. For further information go to: [www.anselm.edu/rnbsn](http://www.anselm.edu/rnbsn)

## **COMING UP IN 2018—SAVE THESE DATES!**

Each of these conferences has its own flyer detailing the program. Brochure will be posted on our website when they become available. Please visit our website at: [www.anselm.edu/cne](http://www.anselm.edu/cne)

### **JULY 30–AUGUST 1, 2018**

#### **The 35th Annual School Nurse Institute**

Saint Anselm College

### **SEPTEMBER 7, 2018**

#### **The 24th Annual Geriatric Nursing Conference**

The Falls Event Center, Manchester, NH

### **SEPTEMBER 13–14, 2018**

#### **The 8th Annual New England Holistic Nursing Conference**

The Colony Hotel, Kennebunkport, ME

### **OCTOBER 11–12, 2018**

#### **The 23rd Conference for Nurse Leaders and Managers**

The Colony Hotel, Kennebunkport, ME

## **IV THERAPY HYBRID COURSE FOR LPNS AND RNS**

**Jointly provided with Infusion Knowledge, Inc.**

Contact Hours: 32 • Fee: \$279

ONLINE FACULTY: Kay Coulter, CRNI, VA-BC

SKILLS LAB FACULTY: infusion therapy qualified instructors

This hybrid course includes 28 hours of online learning, followed by 4-hour on-site skills lab with simulated hands-on training session with a certified instructor.

**The online learning portion must be completed prior to the 4-hour skills lab.**

**Spring 2018 Skills Lab: will be held onsite at Saint Anselm College**

Tuesday, March 6 • 5:30–9:30pm

Tuesday, May 8 • 5:30–9:30pm

*Limited space; register early. Additional dates and times may be added. Please visit our website as they become available: [www.anselm.edu/cne](http://www.anselm.edu/cne)*

## SPRING 2018 CONFERENCES — GENERAL INFORMATION

**CHECK-IN** and continental breakfast or snack 1/2 hour before start time for all conferences.

**LOCATION:** All programs located in Gadbois Hall, Saint Anselm College unless otherwise specified.

**DIRECTIONS TO SAINT ANSELM COLLEGE:** Please visit our website: [www.anselm.edu/cne](http://www.anselm.edu/cne) or call 603-641-7086.

**GROUP DISCOUNT:** If five or more people from the same agency register at the same time for the same conference, you may deduct 10%. Mailed registrations must arrive in the same envelope. Faxed registrations must arrive together.

**CANCELLATIONS** made at least 5 business days prior to a conference will be honored with a refund or a credit to a future conference held within a subsequent one-year period.

**NOTE:** A 20% processing fee will be deducted. Substitutions may be made at any time; please advise in advance.

**CONFIRMATIONS:** Your confirmation will be emailed to you.

**TAPING** is not allowed.

**DINING:** Lunch is not included unless otherwise stated. Food is available at Davison Hall or the Coffee Shop.

**PROGRAM CHANGES:** We reserve the right to make changes in content and speakers, or to cancel programs if enrollment criteria are not met or when conditions beyond our control prevail.

**INCLEMENT WEATHER:** In the event of severe inclement weather, a conference may be

cancelled or delayed. Call our voice mail at 603-641-7086. We will have the latest information at that number after 6:30 AM.

**PURCHASE ORDERS** are accepted, but full payment must be received prior to the start of the conference; otherwise, a personal check/ cash/ credit card will be required.

**FOR YOUR COMFORT,** we recommend dressing in layers, as room temperatures vary.

Saint Anselm College is an approved provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



## SPRING 2018 CONFERENCES REGISTRATION FORM

**MAIL:** Saint Anselm College, Continuing Ed #1745  
100 Saint Anselm Drive  
Manchester, NH 03102-1310

**PHONE:** 603-641-7086,  
credit card required

**FAX:** 603-641-7089  
credit card required

**ONLINE:** [www.anselm.edu/cne](http://www.anselm.edu/cne)  
credit card required

### SPRING 2018 CONFERENCES

Name (please print clearly or type) \_\_\_\_\_

Credentials \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip (Essential) \_\_\_\_\_

Email (REQUIRED) \_\_\_\_\_

Employing Agency \_\_\_\_\_

Address \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip (Essential) \_\_\_\_\_

List Conferences \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_

### METHOD OF PAYMENT

☐ Check enclosed made payable to Saint Anselm College in the amount of \$ \_\_\_\_\_ Purchase Order # \_\_\_\_\_

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Amount Authorized: \$ \_\_\_\_\_ Date \_\_\_\_\_ Signature \_\_\_\_\_